

KNEELING LEG CURL

CF-3411



SPECS

- ◆ **PRODUCT DIMENSIONS (L x W x H)**
46.65" x 52.93" x 52.68"
(118.49 cm x 134.44 cm x 133.8 cm)
- ◆ **PRODUCT WEIGHT**
244 lbs (111 kg)
- ◆ **MAXIMUM WORKOUT WEIGHT**
175 lbs (79 kg) - per horn (350 lb/159 kg total)
- ◆ **WEIGHT STORAGE CAPACITY**
450 lbs (204 kg)
- ◆ **STARTING EXERCISE WEIGHT**
11 lbs (5 kg) - per horn (22 lb/10 kg total)

FEATURES

- ◆ Kneeling configuration allows for easy alignment with the pivot point and focuses the resistance on the hamstrings throughout the movement
- ◆ Padded knee rest pivots from side to side and holds its position automatically
- ◆ Textured ergonomic grips and informational exercise placard
- ◆ Contoured pads for maximum comfort and support
- ◆ Integrated weight storage
- ◆ Sturdy commercial grade steel frame construction with a durable powder-coated finish
- ◆ High Impact Polypropylene covered weight horns to protect frame and reduce noise