

# DIOT-SF

## Pro•Dual Inner & Outer Thigh Machine



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Effective thigh workouts require a biomechanically correct machine to keep backs, butts and knees where they belong in order to isolate the targeted area and achieve optimum results.

Body-Solid's Pro•Dual Inner Thigh & Outer Thigh Machine features a pop-in cam adjustment to users to select their own starting positional and range of motion. Four sealed, pillow-block ball bearing systems provide a smooth inner thigh and hip concentration.

### Optional Configurations

- DIOT-F: Pro•Dual Inner & Outer Thigh Machine without Weight Stack
- WSP200: 200 Lb. Premium Weight Stack
- SP300: 300 Lb. Weight Stack

Weight: 475 lbs  
 Dimensions: 76"L x 36"W x 62"H

### Special Features

- Ergonomic recumbent seat with 12 positions
- Wide rubber, matted non-skid press plate
- Oversized pillow block bearings
- 2:1 weight ratio with a 210 lb. weight stack
- Works as a modular component on the Pro •Dual 3-Stack and 4-Stack Gyms.

### Warranty



Frame & Welds ..... Lifetime  
 Bushings and Hardware..... 3 Years  
 Pad, Rollers and Grips ..... 1 Year



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