

GCAB-STK

Body-Solid - Proselect Selectorized Ab & Back Machine



Back Hyperextension



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This unique dual function machine allows you to exercise two major muscle groups (abdominals and back) for one great low price. This innovative commercial design has a full range cam design with an easy to use pop pin that allows 20 adjustments to increase control and range of motion. A 7 position, fully upholstered leg pad brace allows additional isolation of abdominal and back muscles.

Special Features

- Ideal for home and commercial applications
- Ultra -thick Duraform upholstery provides maximum comfort
- Positioned at a 30 degree angle for precise biomechanical movement
- 2x4 mainframe steel for exceptional Light Commercial quality
- 20 position adjustable cam allows more range of motion
- 7 position foot brace for all size users

Dimensions: 70"H x 64"L x 59"W