

## GCAB360

### Body-Solid - Cam Series Ab/Back Machine



Back Hyperextension



#### **GAB360** **Cam Series Ab/Back Machine**

This unique dual-function machine allows you to exercise two major muscle groups (the stomach and back) for one great low price. The innovative plate-load design is based on health club single station machines. We even incorporated 2"x4" mainframe steel from our commercial grade line of equipment for institutional quality. The full range cam design has an easy to use pop pin that allows an additional 26 adjustments to increase and control your range of motion.

Dimensions: 43"H x 60"L x 46"W

#### **Special Features**

- Lifetime warranty
- Ultra-thick DuraFirm™ upholstery provides maximum comfort.
- Positioned at a 30° angle for precise biomechanical movement
- 2"x4" mainframe steel for exceptional light commercial quality
- Easy to use pop-pin that allows adjustments to increase and control the user's range of motion
- Adjustable lifting arm can be positioned for exercising both the abdominal and back muscles
- Ideal for home and commercial use