



GHYP345

Body-Solid - 45-Degree Back Hyperextension



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2"x3" 45-Degree Back Hyperextension

It is a combination inverted back extension and oblique flexor set at an exact 45° angle for ultimate conditioning. Strengthen your lower back safely and comfortably on the strongest 45° Hyper available. This combination Inverted Back Extension and Oblique Flexor is set to an exact 45° angle for optimum conditioning. Telescoping midsection pads adjust to all size users and feature thick, double stitched DuraFirm™ pads for comfort and support. Over-sized 8" foam rollers hold you securely in place. Fully adjustable 4" thick midsection pads provide maximum comfort for all size users.

In-Use Dimensions: 36"H x 50"L x 26"W

Special Features

- Lifetime warranty
- Commercial 2"x3" heavy-gauge steel construction
- Extra-thick 3" DuraFirm™ support pads
- Relieves lower back pain
- Increases flexibility
- Improves circulation
- Strengthens back and abdominal muscles