

GPR370

Body-Solid - Multi-Press Rack

Optional Attachments:

GFID71

Flat/Incline/Decline Bench

GLDA3

Leg Developer Station: 6 Roller

GPCA1

Preacher Curl Station

Weight plates, bars
and collars
sold separately.



GPR370

2"x3" Multi-Press Rack

Designed with an extra-wide 4-point stance, the GPR370 is a rock-solid performer that features a 7° reverse pitch that accommodates your body's natural lifting path. Lift-off and safety positions are right where you want the so racking the bar is always comfortable and predictable. Perform squats, calf raises, lunges, dead-lifts, upright rows, and many more power building exercises. For increased workout capacity, add any freeweight bench and do bench, incline, decline, and shoulder press routines. If you are looking to bulk up and build power, or simply to tone your muscles and increase performance, the Multi-Press Rack is definitely the foundation of the ultimate freeweight system.

Dimensions: 74"H x 45"L x 64"W

Special Features

- Lifetime warranty
- Extra-heavy duty 2"x3" high tensile strength steel mainframe with all-4-side welded construction
- 14-position gun rack can handle over 1,000 lbs. and gives the user the ability to walk the bar up and down without removing plates
- Includes oversized 17" long safeties constructed from 2"x3" 11-gauge steel
- Mainframe uprights are set to a 7° reverse pitch that accommodates the body's natural lifting path