

# LEG CURL / LEG EXTENSION

## HD-3400

LEG EXTENSION



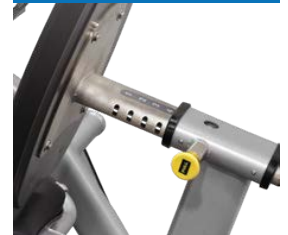
LEG CURL



ADJUSTABLE EXERCISE POINTS



ADJUSTABLE BACK REST



## SPECS

- ◆ **PRODUCT DIMENSIONS (L x W x H)**  
51.0" x 57.0" x 55.0" (130 cm x 145 cm x 140 cm)
- ◆ **PRODUCT WEIGHT HD**  
557 lbs (253 kg)
- ◆ **PRODUCT WEIGHT HDG**  
580 lbs (263 kg)
- ◆ **WEIGHT STACK HD**  
215 lbs (98 kg)
- ◆ **WEIGHT STACK HDG**  
240 lbs (109 kg)

## FEATURES

- ◆ Eight back pad adjustments for varying leg lengths
- ◆ Multiple range-of-motion adjustments for both exercises
- ◆ Self-aligning roller pad