

7-POSITION F.I.D. BENCH

HF-5165



FEATURES

- 7 adjustable back pad positions from -20° to 80° to accommodate incline, flat, and decline bench exercises
- 3 adjustable seat positions from 0° to 20° in 10° increments to accommodate varying user heights
- Integrated hand grip and wheels provide tilt 'n roll capability for easy storage
- Adjustable foot pegs provide leg support during exercise
- Thermoplastic Polyurethane covers for back pad adjusters to reduce wear

SPECS

- Product Dimensions L x W x H
65.50" (166 cm) x 25.00" (64 cm) x 47.00" (119 cm)
- Product Weight
77 lbs (35 kg)
- Max Exercise Weight
1,000 lbs (454 kg)