

ORT Rubber Grip Olympic Plates

Body-Solid®
Built for Life



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Body-Solid Rubber Grip Olympic Plates surpass competitor's weight plates in quality, accuracy, reliability and price. Quad-grip design guarantees safer and easier performance. Body-Solid Rubber Grip Olympic Plates are encased in durable, heavy-duty rubber to prevent scuffing or damage to equipment, walls or floors. These plates feature an integrated metal sleeve providing a smooth, secure fit onto any Olympic bar.

Special Features

- Encased in heavy impact-resistant rubber
- Quad-grip design
- Impervious to rusting, chipping, flaking or losing their color
- Metal sleeve provides a secure fit onto any Olympic bar

Item #	Weight	Width	Diameter
ORT2.5	2.5lb	1"	7 ¹ / ₄ "
ORT5	5lb	1 ¹ / ₄ "	8 ¹ / ₄ "
ORT10	10lb	1 ¹ / ₄ "	10 ³ / ₄ "
ORT25	25lb	1 ³ / ₄ "	13 ³ / ₄ "
ORT35	35lb	1 ³ / ₄ "	15 ³ / ₄ "
ORT45	45lb	2"	17 ³ / ₄ "
ORT100	100lb	3 ¹ / ₄ "	17 ³ / ₄ "