



XRW600 ROWER



Folded View

The XRW600 Rower provides an unparalleled full-body workout with a convenient fold up frame design. The large blue backlit console with height and angle adjustment includes motivating programs to keep you involved, inspired, and reaching your goals. Performance is top-of-the-class with a smooth action aluminum monorail, industrial strength handle strap, flex pedals with easy adjustment, and the combination of both air and magnetic resistance (16 levels) for an exercise experience second to none.

FEATURES

- Ergonomic rowing handle is contoured and padded for superior feel and comfort
- 20" frame height gets you on and off the rower with ease
- Fold up frame design for easy storage
- Large 5.5" blue backlit display with easy touch console buttons
- Air and magnetic resistance (16 levels) for smooth operation
- Ten effective programs offer a wide variety of workouts
- Built-in HR receiver (chest strap sold separately)
- Solid steel frame with smooth aluminum monorail
- Flex pedals with easy adjust numbered settings
- Adjustable console angle and height for the perfect viewing angle



EQUIPMENT SPECIFICATIONS

Console	5.5" Blue Backlit LCD, Adjustable Console Angle and Height
Programs	Manual, Distance, Time, Calories, 20/10 Interval, 10/20 Interval, Custom Interval, Fat Burn, Cardio, Strength, Game
Heart Rate	Telemetric (Chest strap sold separately)
Resistance	Air and Magnetic (16 Levels)
Power	Plug-In
Handle	Angled and Padded for Comfort, 80.7" Travel Length
Seat	Contoured and Padded
Foot Rests	Flex Pedals, Adjustable w/Numbered Sizing
Frame	High-Strength Steel w/Durable Powder-Coat Paint; Aluminum Monorail
Frame Height	20"
Monorail	39.4" Travel Distance, 54" Overall Length
Dimensions	97" x 18" x 38"
Folded	52.5" x 18" x 62" (no tools required)
Product Weight	81 lbs.
Max User Weight	350 lbs.

WARRANTY INFORMATION

Ver 2.1

Residential Warranty: Frame: Lifetime, Parts: 10 years, Labor: 1 year